IN THE SPECIFICATION

Please insert the following paragraph at page 3, between lines 3 and 4, as follows:

Fig. 8 is a graph of the extension characteristics of the fabrics used in the hair holder.

Please amend the paragraph at page 10, lines 22 and 23, as follows:

EXAMPLES

The results of testing to evaluate a curl are shown below. Figure 8 is a graph of the extension characteristics of the fabrics used in the hair holder for Examples 1 and 2 and Comparative Examples 1 and 2, below.

Please amend the paragraph at page 10, lines 25-31, as follows:

An air-through nonwoven fabric (LT400; weigh per unit area: 40 g/m²) made of PP/PP core-in-sheath conjugate fiber, the extension characteristics of which are represented by the fine dotted line in the graph shown [[below]] in Figure 8, was used as a first side sheet of a tube of a hair holder. A polyester nonwoven fabric (Smash Y15150, available from Asahi Chemical Industry Co., Ltd.; weight per unit area: 150 g/m²) was used as a second side sheet. The two sheets were joined along their long side edges to make a tube (hair holder) having a length of 250 mm, a major diameter of 70 mm, and a

Please amend the paragraph at Page 11, lines 10-15, as follows:

A hair holder of the same size as obtained in Example 1 was prepared using a PET nonwoven fabric (weight per unit area: 100 g/m²; thickness: 1 mm; manufactured by Vilene) the extension characteristics of which are represented by the thick dotted line in the graph shown [[below]] in Figure 8 as a first side sheet and the same second side sheet as used in Example 1. A curl formed by the resulting hair holder was evaluated in the same manner as in Example 1.

Please amend the paragraph at Page 11, lines 17-21, as follows:

A hair holder of the same size as obtained in Example 1 was prepared using a pair of sheets the extension characteristics of which are represented by the solid line in the graph [[below]] of Figure 8, which sheets are the same as the second side sheet used in Example 1.

A curl formed by the resulting hair holder was evaluated in the same manner described in Example 1.

Please amend the paragraph at Page 11, lines 23-29, as follows:

A hair holder of the same size obtained in Example 1 was prepared using an LDPE (low-density polyethylene) film (thickness: $30\mu m$) the extension characteristics of which are represented by the dot-dash line in the graph shown [[below]] in Figure 8 as a first side sheet and a polester nonwoven fabric (Smash Y15150, available from Asahi Chemical Industry Co., Ltd.; weight per unit area: 50 g/m^2) as a second side sheet. A curl formed by the resulting hair holder was evaluated in the same manner described in Example 1.

Please delete Page 12 in its entirety and substitute the following page.

TABLE 1

	Extension under 5 N Load (%)		Taber Stiffness	
	First Side Sheet	Second Side Sheet	of Second Side Sheet (mNm)	Curl Finish
Example 1	29	0.2	2.0	A
Example 2	23.1	0.2	2.0	A
Comparative Example 1	0.2	0.2	2.0	С
Comparative Example 2	2.5	0.4	0.22	С

As is apparent from the results of evaluation shown in Table 1, an orderly curl finish is achieved by using hair holders in which the first side sheet has a higher extension than the second side sheet, and the second side sheet has a Taber stiffness of at least a specific value.